

Catherine Engibous Holder, MPAS, PA-C

Education:

- Marquette University Milwaukee, WI
 - Masters in Physician Assistant Studies: **06/01/2009-05/01/2010**
 - Bachelors of Science in Biomedical Sciences: **08/01/2007-05/31/2009**
- Quachita Baptist University Arkadelphia, AR
 - Undergraduate Studies: **08/01/2004- 05/31/2007**

Professional Work Experience:

- **09/01/2021-Present** Fairfax Colon & Rectal Surgery, Fairfax, VA
 - Certified Physician Assistant, part-time position

- **05/18/2015- 08/01/2018** MultiCare Cedar Surgical Associates, Tacoma, WA
 - Certified Physician Assistant, May 2015- August 2018, full time position
 - Working with general and colorectal surgeons to provide comprehensive surgical care. Assisting surgeons with all aspects of surgical management in order to maximize efficiency, ensure continuity, and improve quality of life for patients, providers and staff. Duties included but not limited to:
 - Performing comprehensive and problem focused histories and physical examinations, daily rounds, ordering appropriate laboratory and imaging studies to develop surgical and non-surgical treatment plans, performing minor surgical bedside procedures, drain management and complex wound care. Prescribing appropriate medications, coordinating with consultants and facilitating transfers, discharges and follow up needs.
 - First Assisting in open and minimally invasive surgery including robotics (Davinci Si)
 - MultiCare Medical Informatics Committee, 2016-2018
 - Weekly meetings with other physicians, nurse practitioners, and physician assistants to liaise and problem solve clinical informatics issues, promote efficient use of EPIC EMR and improve overall patient safety and user experience.
 - Epic Super User
 - Attended EPIC Physician Build course, Madison WI

- **01/01/2011- 12/30/2014** Alaska Colorectal Surgery, Anchorage, AK
 - Certified Physician Assistant, January 2011- December 2014
 - Worked with supervising colorectal surgeons to provide comprehensive surgical care.
 - Performed comprehensive inpatient and outpatient surgical consultations, histories and physicals for elective and emergent cases
 - Managed all aspects of inpatient care including admissions, daily rounds, determined appropriate laboratory and imaging studies and developed surgical and non-surgical treatment plans, prescribed appropriate medications, coordinated discharge and follow up plans, and coordinated with consultants.

- First assistant (both open and minimally invasive techniques) on a range of general, trauma and colorectal specific surgeries.
- Performed in office minor surgical procedures including abscess drainages, suturing, drain removals, thrombosed hemorrhoid excisions, and complex wound care.

Professional Licensure:

- Virginia Commonwealth Board of Medicine: Active

Active Certifications:

- National Commission on the Certification of Physician Assistants
- Basic Cardiac Life Support
- Intuitive DaVinci Si Surgical Assist

Professional Association Memberships:

- American Academy of Physician Assistants

Honors and Awards:

- Marquette University Ignatius Scholarship, August 2007-May 2009
- NCAA Division II Swimming Athletic and Academic All American, Ouachita Baptist University 2005, 2006, 2007