

# **Timothy A. Plerhoples, MD MPH**

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## **WORK EXPERIENCE**

### **Fairfax Colon and Rectal Surgery**

Fairfax, VA. Sep 1, 2015 – present. Privileged at Inova Fairfax/Fair Oaks/Alexandria/Loudoun Hospitals

## **EDUCATION**

### **Mayo Clinic, Colorectal Surgery Fellow**

Rochester, MN. July 1, 2014 – June 30, 2015

### **Inova Fairfax Hospital General Surgery Categorical Resident**

Fairfax, VA. July 1, 2012 – June 30, 2014

Education and Quality Chief Resident.

General Surgery Team Outstanding Resident Award 2013

### **Stanford University General Surgery Categorical Resident**

Palo Alto, CA. June 28, 2007 – June 28, 2012

Completed three clinical years as a categorical resident.

### **Stanford University Surgical Education Research Fellow**

Palo Alto, CA. July 1, 2009 – June 30, 2011

Areas of research include patient safety simulation, leadership training, decision making, operative ergonomics, surgical technology, and technical skills curriculum development. Mentors Drs. Thomas Krummel, Sanjeev Dutta, and James Lau.

### **New York University School of Medicine, Medicinae Doctor**

New York, NY. Aug 20, 2003 – June 30, 2007

Member of Alpha Omega Alpha Honor Medical Society

### **Boston University, Masters of Public Health**

Boston, MA. Aug 15, 2002 – Aug 15, 2003

Epidemiology and Biostatistics. Coursework also in international health, health law, environmental health, and comparative health systems.

### **Harvard University, Bachelor of Arts, *cum laude***

Cambridge, MA. Sep 1, 1996 – June 20, 2000

Environmental Science and Public Policy

John Harvard Scholarship (Dean's List)

Weisman International Internship Grant

## **PUBLICATIONS**

### **Articles**

Plerhoples TA, Greco RS, Krummel TK, Melcher ML. Symbiotic or Parasitic? A Review of the Literature on the Impact of Fellowships on Surgical Residents. *Annals of Surg.* 2012 Dec; 256(6):904-8. PMID: 22968071.

Plerhoples TA, Norton JA. Recurrent Duodenal Stricture Secondary to Untreated Crohn's Disease. *Dig Dis Sci.* 2012 Oct; 57(10):2516-8. PMID: 22526582.

Plerhoples TA, Hernandez-Boussard T, Wren S. The aching surgeon: a survey of physical discomfort and symptoms following open, laparoscopic, and robotic surgery. *JRoboticSurg.* 2012 Mar; 6(1):65-72.

Plerhoples TA, Ahdoot M, Dimaio MA, Pai RK, Park WG, Poultssides GA. Colloid Carcinoma of the Pancreas. *Dig Dis Sci*. 2011 May; 56(5):1295-8. PMID: 21253833.

Plerhoples TA, Zak Y, Hernandez-Boussard T, Lau J. Another Use of the Mobile Device: Warm-up for Laparoscopic Surgery. *J Surg Res*. 2011 Oct; 170(2): 185-8. PMID: 21529831.

- Presented at the 6<sup>th</sup> Annual Academic Surgical Congress, February 2011.

Plerhoples TA, Sherck J, Brawley J, Greco RS. Case Study: A 61-year-old male with chest and back pain following blunt trauma. *J Surg Radiol*. 2011 Jan 1;2(1): 102-5.

Parent RJ, Plerhoples TA, Long EE, et al. Early, intermediate, and late effects of a surgical skills "boot camp" on an objective structured assessment of technical skills: a randomized controlled study. *J. Am. Coll. Surg*. 2010;210(6):984-989. PMID: 20510808.

Losina E, Plerhoples T, Fossel AH, et al. Offering patients the opportunity to choose their hospital for total knee replacement: impact on satisfaction with the surgery. *Arthritis Rheum*. 2005;53(5):646-652. PMID: 16208651.

Lellis WA, Plerhoples TA, Lellis KA. Evaluation of potential anesthetics for the freshwater mussel *Elliptio complanata*. *J Shellfish Research* 2000;19(2), 983–990.

## **Book Chapters**

Plerhoples TA, Krummel T. Tumors of the Chest. In: *Kendig's Disorders of the Respiratory Tract in Children*, Wilmott R, et al eds. 8<sup>th</sup> ed. Philadelphia: Saunders Elsevier, 2012. 605-630

Shrager JP, Plerhoples TA. Surgery for Myasthenia Gravis and Thymoma. In: *Cardiothoracic Surgery Review*, 1<sup>st</sup> ed, Franco KL, Thourani VH, eds. Baltimore: Lippincott Williams & Wilkins, Dec 2011. 1337-40.

Plerhoples TA, Lau JL. Informed Consent. In: Morton J, ed. *SAGES Quality, Outcomes, and Safety Manual*, 1<sup>st</sup> ed, Tichansky DS, Morton J, Jones DB eds. New York: Springer, 2011. 521-528.

Plerhoples TA, Morton J. Creating a Surgical Dashboard for Quality. In: Morton J, ed. *SAGES Quality, Outcomes, and Safety Manual*, 1<sup>st</sup> ed. Tichansky DS, Morton J, Jones DB eds. New York: Springer, 2011. 25-33.

Plerhoples TA. Esophageal Atresia and Tracheoesophageal Fistula. In: Dutta S, ed. *Handbook of Pediatric Surgery*, 1<sup>st</sup> ed., in press.

Plerhoples TA. Congenital Lobar Emphysema. In: Dutta S, ed. *Handbook of Pediatric Surgery*, 1<sup>st</sup> ed., in press.

Plerhoples TA. Congenital Pulmonary Airway Malformation (Congenital Cystic Adenomatoid Malformation). In: Dutta S, ed. *Handbook of Pediatric Surgery*, 1<sup>st</sup> ed., in press.

## **CERTIFICATION**

American Board of Colon and Rectal Surgery certified and member, American Board of Surgery certified in general surgery and member, Da Vinci Robotic Surgery Certification, FLS, ACLS, ATLS, USMLE Steps 1-3, Virginia Medical License #101251887, Minnesota Medical License #57869, FLS Certified Proctor.

## **PERSONAL LIFE**

Married, father to two daughters. Interests include spending time with family, playing guitar, hiking, fishing, mountain biking, basketball, travelling and grilling.