

FAIRFAX COLON & RECTAL SURGERY, P.C.

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COLORECTAL/ANORECTAL SURGERY, COLONOSCOPY, ANORECTAL PHYSIOLOGY

POST -COLONOSCOPY INSTRUCTIONS

If biopsies were taken results will be available in 10 - 14 days. The office will call you when they are available. If you have not received a call in 14 days please call the office.

Fairfax or Fair Oaks office - (703) 280- 2841 Reston office - (703) 435-8018

After the procedure, you may experience increased gas, bloating or cramping. Mild abdominal pain lasting 1-2 hours is common. Severe pain is unusual and especially if accompanied by fever or vomiting, contact the doctor immediately. A small amount of rectal bleeding may occur particularly if a polyp has been removed. Contact the doctor promptly for continuous bleeding, passage of clots and feeling faint. There may be some redness at the intravenous site where the sedative medication was given. It usually resolves in 1-2 days, warm compresses will help.

You may begin clear liquids after leaving the endoscopy suite. Progress to a regular diet gradually, and as tolerated. Resume all previous medications unless instructed otherwise.

If a polyp has been removed, do not take aspirin products or NSAIDS (such as Motrin or Advil) for seven (7) days unless given permission to do so. **Tylenol is o.k.**

Rest for the remainder of today, **do not drive or operate machinery until tomorrow.**