

FAIRFAX COLON & RECTAL SURGERY  
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COLORECTAL/ANORECTAL SURGERY, COLONOSCOPY, ANORECTAL PHYSIOLOGY

### **Preparation For Anorectal Physiology Testing**

You will need to take two regular fleet enemas (in the green and white bottles available at any pharmacy). Take the first enema two hours before leaving for the exam and the second one hour before leaving. There are no dietary restrictions. Please arrive 10 minutes prior to your scheduled appointment.